

Program international dance exchange

„Pro_TEST. Moving against racism and for diversity“

THINGS TO PREPARE:

Inspiring questions for the idea/scene (max. 5 minutes) every group should bring:

WHAT IS YOUR DEFINITION OF PROTEST?

Does protest mean 'being against something' (protest) or 'being for something' (pro test)?

Against what/For what would you protest?

In which situation did you protest in your life? How did you feel about this?

Is protest an opportunity to change society?

What questions come into your mind, when you think of 'pro_Test'?

How would you create your personal protest? Becoming passive or active? Stay loose or becoming strong?

What kind of feelings come along with protest?

WHICH PROTEST MOVEMENT IS IMPORTANT IN YOUR LIFE?

Games/ for the international night:

Every group should prepare something for the international night. This could be a quiz, (language) games, typical national food, dances, songs, the group will teach to the other in the international night. Furthermore we have the possibility to prepare a special dinner for this night. Our cook is very open for new ideas or support in the kitchen. You could also bring typical ingredients for cooking. The program for the international night doesn't have to be long. Please tell us, which night you prefer.

PROGRAM

FREITAG, 25.07.

8:30 am Arrival Polish group

From ca. 13:00 Arrival in Oldenburg/ Check-in at IJP (Internationales Jugendprojektehaus)

13:30 Lunch

15:00 Arrival German group

Free Time to arrive and get a first expression or relax

18:30 Supper

20:00 – 21:30 meets & talks in the garden

23:00 Arrival Spanish group

SAMSTAG, 26.07.

8.30 Breakfast

9.30 Short meeting with the staff of all groups to prepare the day

10.00 COME IN TOUCH through Dance (Games, exercises to get to know each other, Introduction into the Youth exchange- explication of the common rules. Building mixed (from different countries)groups for the whole week for the set up of the rooms and for helping in house- keeping)

13:00 Lunch

15:00 COME IN TOUCH II (common scenes, coordination, workshops based on body movement and teamwork)

17:00 Sightseeing Oldenburg / city Rallye ((they will discover places and talk with the local people, photos of the most meaningful moments will be shown during the exchange)

20:00 Oldenburg at night / visiting cultural festival (Kultursommer Oldenburg : <http://www.kultursommer-oldenburg.de/index.php?id=73->)

SONNTAG, 27.07.

08.30 Breakfast

09.30 Meeting Teamer

10:00 – 10:45 Warm Up all together

11:00 WORKSHOP I (common scenes, coordination, workshops based on body movement and teamwork, choreography with music)

12:30 presentation of the prepared scences/ideas

13:00 Lunch

15:00 WORKSHOP II

18:30 Supper

20:00 International Evening I Program: culture, food, music and dance

MONTAG, 28.07.

08.00 Breakfast

10.00 EXCURSION TO BREMEN

17.00 back to Oldenburg

18.30 Supper

20.00 International Evening II

DIENSTAG, 29.07.

08.30 Breakfast

09.00 Meeting national groups (“How are you?”)

10:00 WORKSHOPS III (workshops in 2-3 groups, Brainstorming, sharing ideas, discussing the topic, based on improvisation, contemporary dance technique, body movement, choreography with music)

<p>13:00 Lunch</p> <p>15:00 WORKSHOPS IV (workshops in 2-3 groups, based on improvisation, contemporary dance technique, body movement, choreography with music)</p> <p>18:30 Supper</p> <p>20:00 International Evening III Program: Culture, music</p>
MITTWOCH, 30.07.
<p>07.00 Breakfast</p> <p>07.30 participants visiting the schools, Germans get testimonies</p> <p>13:00 Lunch</p> <p>15:00 WORKSHOPS V (workshops in 2-3 groups, practicing the Flash Mop / Happening parts, practicing choreographies)</p> <p>18:30 Supper</p> <p>20:00 International Evening IV Program: Culture, music</p>
DONNERSTAG, 31.07.
<p>08:00 Breakfast</p> <p>09.00 Short meeting in National groups (Teamers and Participants of each Nation could talk about how they feel, problem etc.)</p> <p>09:30 Meeting with the teamers to plan the workshops of the day</p> <p>10:00 – 10:45 Warm UP all together</p> <p>11:00 GETTING A STRUCTURE FOR THE ACTION DAY</p> <p>13:00 Lunch</p> <p>15:00 PRACTICING ACTIONS FOR THE ACTION DAY</p> <p>18:30 Supper</p> <p>20:00 DANCE IMPRO JAM (optional)</p> <p>22:00 MOVIE NIGHT (“Was tun, wenn’s brennt!”)</p>
FREITAG, 01.08.
<p>08:00 Breakfast</p> <p>09.00 Short meeting in National groups (Teamers and Participants of each Nation could talk about how they feel, problem etc.)</p> <p>09:30 Meeting with the teamers to plan the workshops of the day</p> <p>10:00 Warm Up all</p> <p>13:00 ACTION DAY DOWN TOWN (our performance will be structured in little parts or Flash Mobs, we will do in the city center of Oldenburg)</p> <p>15:00</p> <p>18:30 Barbeque and presentation , Party</p>
SAMSTAG, 02.08.

9:00 Breakfast

9:00 Short meeting in national groups (Teamers and Participants of each Nation could talk about how they feel, problem etc.)

10:00 Last Dance / EVALUATION

13:00 Lunch

14:30 Coffee, Tea, Cake

15:00 Free-time for LAST SHOPPING

18:30 SIEDLUNGSFEST + BQ (summer party of an alternative housing project)

SONNTAG, 03.08.

8:30 Brunch

09:00 CHECK-OUT / Tide up with all the group the IJP and the requisites/ costumes

13:00 Lunch

14:30 Depart from Oldenburg